



Guidance Department's Newsletter

March 2019

Counselor Message

Happy March! We are looking forward to another great month at the Eagles Nest!

In February, the school counseling program continued with small group counseling and individual meetings with students. Additionally, we conducted classroom guidance lessons, focusing on career exploration. Madras held our annual Black History Month program. Students and staff members were honored to hear from Special Assistant District Attorney Nathaniel L. Smith, J.D. His words were inspiring!

This month, students may participate in Meals on Wheels, a school-wide fundraiser for Coweta County's elderly. For the third year in a row, Madras is a finalist in the 2018 Red Ribbon Award Competition!! Our Eagle Ambassadors will help represent Madras at the Red Ribbon recognition celebration!!

What's Happening



Week 3/4--3/8 (8th Grade Career Guidance)

Fri. 3/1/19 Battle of the Books finals

Fri. 3/1/19 MMS Talent Show

Fri. 3/15/19 8th Grade Semi-formal

Thurs. 3/21/19

Sixth Grade Orientation, 7pm

March Holidays

[National Credit Education Month](#)

[National Women's History Month](#)

[National Nutrition Month](#)

[Multiple Sclerosis Awareness Month](#)

[March Madness](#)

MARCH FUN FACTS

3/1 Justin Bieber's Birthday

3/1 National Day of Unplugging

3/2 Dr. Seuss's Birthday

3/5 Mardi Gras

3/24 National Cheesesteak Day

3/29 National Mom and Pop Business Owners Day



Teacher workday; No school for students: Fri. 3/15/19

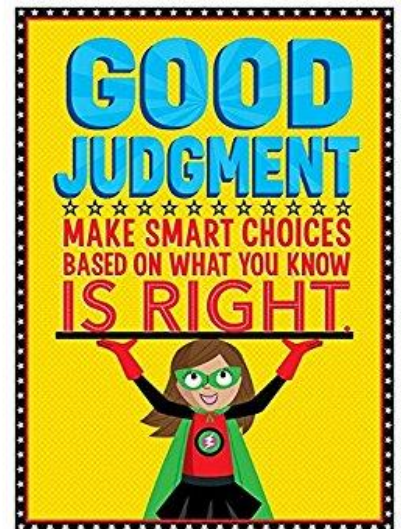


Character Education

"We're Soaring with Good Character"

The character trait of the month is **Good Judgment**. Good Judgment means to choose worthy goals; thinking through the consequences of your actions; and basing your decisions on wisdom and good sense.

Promoting Character Education



" I have learned that as long as I hold fast to my beliefs and values - and follow my own moral compass - then the only expectations I need to live up to are my own.
~Michelle Obama



- ▶ Keep the computer in a location that is easily monitored.
 - ▶ Do not allow your child to share any personal information -- such as real name, age, email address, mailing address, and phone number -- without your endorsement.
 - ▶ Encourage children to talk with you about any online communications that might be confusing or inappropriate.
 - ▶ Start with an approved list of Web sites, and have your child request permission to visit others as the need arises.
- ©Copyright EducationWorld.com

Counselor Message (con't)

Parent Tips: Ready for future careers

Know how to learn

Equip your child to pick up new skills as he goes. When he needs to figure something out, have him brainstorm ways to get information or instructions that will help. This will teach him not to give up if his first idea doesn't work. If he's stuck on a science project, for example, he might consult library books, talk to an aunt in the field, or look online.

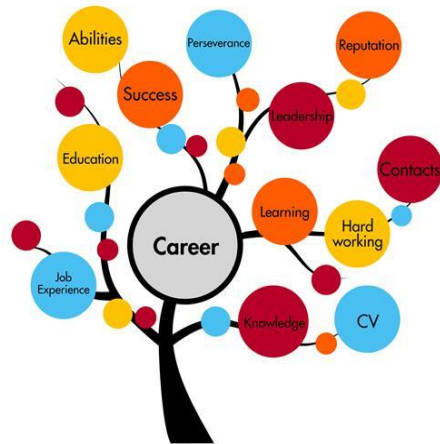
Be information-smart

On the job, your middle schooler may need to analyze and understand large amounts of information. He can practice now when he reads material for classes. For instance, he should read with specific questions in mind—looking for the answers will keep him focused. Also, making an outline of the important points could help him concentrate on the information that matters most.

Work with diverse groups

Your child will likely collaborate with people very different from him at work. When he does group projects, point out that including people from other backgrounds can make his team stronger since they'll bring different viewpoints to the table. Also, encourage him to look for what he has in common with others. Classmates may be from different cultures but have the same favorite school subject or enjoy similar hobbies.

College & Career Information



Article: [Career Prep Moves Into Middle Schools](#) (Education Week)

Interactive Virtual Tours and Campus Maps (click below)



College & Career of the Month

COLLEGE:

University of West Georgia
[Carrollton, GA \(main campus\)](#)
[Newnan, GA \(satellite campus\)](#)



College & Career Information (con't)

College & Career of the Month

CAREERS:

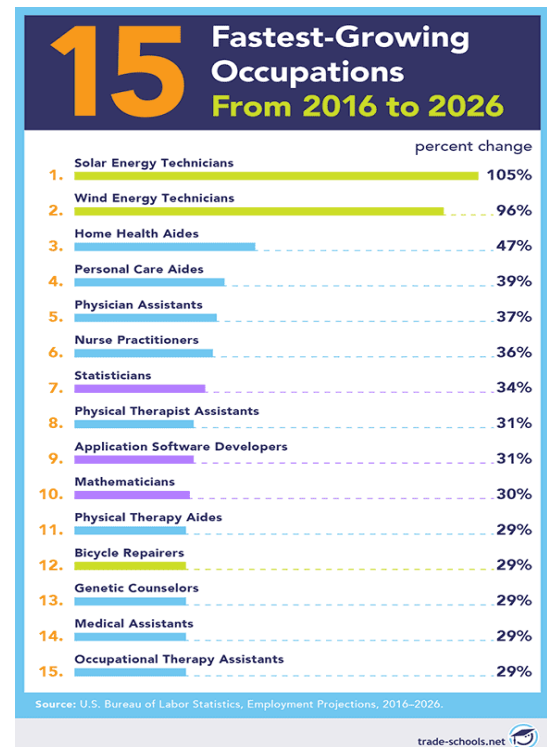
[Best Careers for the Future: 51 Jobs for 2020 and Way Beyond!](#)

(click the link)

Jobs That Already Exist

The following examples represent several existing jobs that may be top careers for the future.

(Reference: *Trade Schools, Colleges & Universities*)



How to see the school counselor

*Mrs. Hill 6th grade and 7th grade Teams (Lau & Benton)
rebecca.hill@cowetaschools.net (770-254-2744 ext. 213)

*Mrs. Holmes 8th grade and 7th grade Team Berry
maranda.holmes@cowetaschools.net (770-254-2744 ext. 231)

Website: <https://madrascounseling.weebly.com/>